



Dollars and Sense



Can you afford a baby – even for ONE YEAR?

	Basic Stuff (hand-me-downs, sale items, cutting back on luxuries)	Nicer Stuff (new clothes, regular price items, luxury purchases)
Diapers ^{1,2,3}	\$768	\$1,150
Baby formula ^{1,3}	\$1,020	\$2,030
Baby food ^{3,4}	\$286	\$432
Health/Safety Items (wipes, lotion, washcloths, bath items, childproofing supplies, diaper pail) ^{1,4}	\$475	\$893
Baby clothes and shoes ⁴	\$500	\$708
Gear (car seat, stroller, diaper bag, baby monitor, pacifiers, bibs, bottles, sippy cups, etc.) ⁴	\$259	\$476
Furniture (crib, mattress, bedding, high chair, changing table) ⁴	\$384	\$613
Child care (full time) ⁵	\$4,542	\$15,895
Medical Expenses (prenatal care, delivery, hospital) ^{1,6}	\$6,515	\$13,515
Your own apartment ^{7,8}	\$7,800	\$11,040
Utilities (basic is gas, heating fuel, electricity, and water) ^{9,10}	\$3,022	\$3,477
Your other expenses (food, clothes, transport, etc.) ⁹	\$5,854	\$10,985
Total cost for baby's first year	\$31,425	\$61,214

Costs do not include any “extras” like toys, baby pictures, babysitters, movies, medications, birthday parties, or holiday gifts.



Now if you don't want to have a baby this year ...

Abstinence	Free!
Box of 12 condoms ¹¹	\$13
Box of 36 condoms ¹¹	\$25
One year of birth control pills ¹²	\$215-850
One year of Ortho Evra (the patch) ¹³	\$215-1090
One year of Depo-Provera (the shot) ¹⁴	\$235-670

For confidential information about birth control and affordable clinic referrals, call the MN Family Planning and STD hotline.

1-800-78-FACTS

Costs may be lower than those listed; depends on your income at family planning clinics. Teens do NOT need parental consent to get birth control in Minnesota.

How much money are YOU making in a year?



(Note, these figures are about 20% less after taxes!)	Full time (40 hours/wk)	Part time (20 hours/wk)
Minimum wage job - \$7.25/hour (McDonald's, Target) ¹⁵	\$15,080	\$7,540
“Livable wage” job - \$18.25/hour (minimum to cover the basic needs of single person with one dependent) ¹⁶	\$38,000	\$19,000

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